

## Healthy Homes Frequently Asked Questions

- Q.** I am a renter. Can I still request a healthy homes assessment?
- A.** Yes. We will work with you and the property owner to complete the assessment.
- Q.** What supplies/equipment will I receive?
- A.** Income-eligible residents may receive support to remediate health issues.
- Q.** Do you inspect for mold or pests?
- A.** Yes. We assess all areas and identify hazards.
- Q.** Is there a cost for a healthy home assessment?
- A.** The assessments are offered at no cost.
- Q.** How can I schedule a healthy home assessment?
- A.** Contact:  
Cook County Public Health  
218-387-3605

## Cook County Public Health And Human Services

### Values

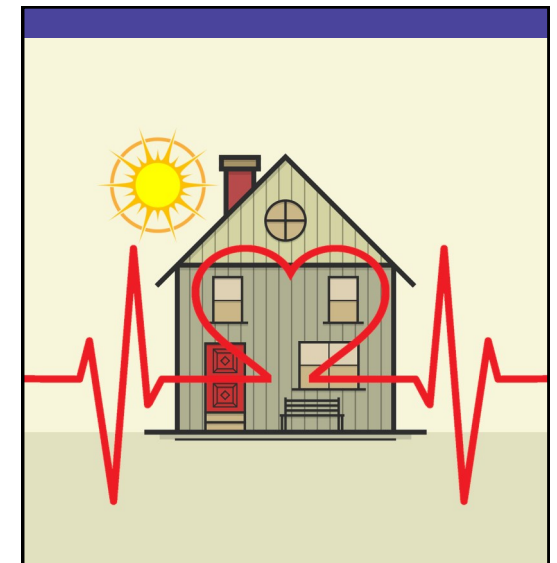
We are committed to accountability, respect, integrity, honesty and partnership.

### Mission Statement

Supporting the health, safety and well-being of our community.



Cook County PHHS does not discriminate against employees or clients on the basis of race, color, national origin, gender identity, ability, age or sexual orientation.



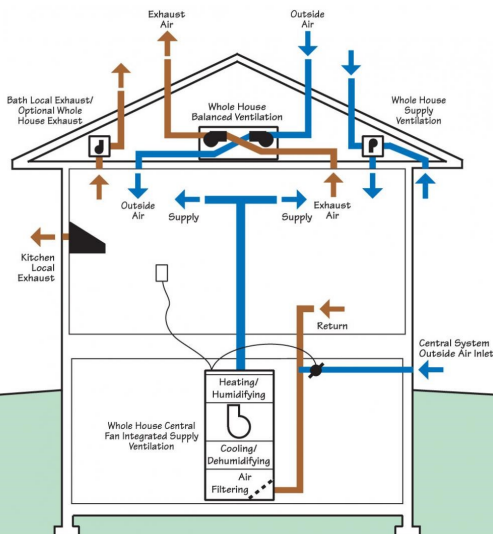
## Healthy Homes Assessment



*Serving All of Cook County*

Cook County Public Health is now accepting referrals for the Healthy Homes assessment services. This service is provided free of service for residents of Cook County and Grand Portage.

- ◆ The healthy homes approach addresses housing-related health hazards.
- ◆ Healthier homes will directly result in healthier people and more vibrant communities.
- ◆ Every person and every organization has a role to play, small or large.



### *The healthy homes approach focuses on the 8 Healthy Homes Principles.*

1. **Keep It Dry** — Excess moisture creates conditions that affect health.
2. **Keep It Clean** — Prevents exposure to contaminants.
3. **Keep It Pest Free** — Pests can create allergens and spread disease.
4. **Keep It Safe** — Most injuries occur in the home.
5. **Keep It Contaminant-Free** — It is easier to prevent exposure to contaminants than it is to remove them and their effects.
6. **Keep It Ventilated** — Adequate ventilation reduces exposure to airborne contaminants.
7. **Keep It Well-Maintained** — Prevents moisture build-up and other health hazards.
8. **Keep It Thermally Controlled** — Maintaining adequate temperature decreases risk from exposure to extreme heat and/or cold.

### What To Expect

A home visit from a Public Health Healthy Homes specialist will include:

- ◆ **ASSESSMENT:** Assessment of housing conditions that may lead to potential health conditions.
- ◆ **RECOMMENDATIONS AND SUPPLIES:** Healthy Homes recommendations, education and supplies (such as a vacuum, non-toxic cleaning supplies, radon test kits, fire extinguisher, dehumidifier, etc.) are low-cost, reliable, and practical methods to reduce health and safety risks in housing may be provided.
- ◆ **FOLLOW-UP:** Visits will be made with families to ensure effectiveness.

